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2 Comprehensive Tests : 250 Marks

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Common Features :

- MODEL ANSWERS WILL BE PROVIDED
- ONE TO ONE MENTORSHIP
- MODE: ONLINE/OFFLINE
- COMPLIMENTARY: FREE MAINS PERFORMANCE ENHANCING PROGRAM BETWEEN PRELIMS AND MAINS.



1. Sources :

Archaeological sources : Exploration, excavation, epigraphy, numismatics, monuments.

Literary sources: Indigenous: Primary and secondary; poetry, scientific literature, literature in regional languages, religious literature.

Foreign account: Greek, Chinese and Arab writers.

2. Pre-history and Proto-history :

Geographical factors; hunting and gathering (paleolithic and mesolithic); Beginning of agriculture (neolithic and chalcolithic).

3. Indus Valley Civilization :

Origin, date, extent, characteristics-decline, survival and significance, art and architecture.

4. Megalithic Cultures :

Distribution of pastoral and farming cultures outside the Indus, Development of community life, Settlements, Development of agriculture, Crafts, Pottery, and Iron industry.

5. Aryans and Vedic Period :

Expansions of Aryans in India : Vedic Period: Religious and philosophic literature; Transformation from Rig Vedic period to the later Vedic period; Political, social and economical life; Significance of the Vedic Age; Evolution of Monarchy and Varna system.

6. Period of Mahajanapadas :

Formation of States (Mahajanapada): Republics and monarchies; Rise of urban centres; Trade routes; Economic growth; Introduction of coinage; Spread of Jainism and Buddhism; Rise of Magadha and Nandas. Iranian and Macedonian invasions and their impact.

7. Mauryan Empire :

Foundation of the Mauryan Empire, Chandragupta, Kautilya and Arthashastra; Ashoka; Concept of Dhamma; Edicts; Polity, Administration, Economy; Art, architecture and sculpture; External contacts; Religion; Spread of religion; Literature. Disintegration of the empire; Sungas and Kanvas.

8. Post-Mauryan Period (Indo-Greeks, Sakas, Kushanas, Western Kshatrapas) :

Contact with outside world; growth of urban centres, economy, coinage, development of religions, Mahayana, social conditions, art, architecture, culture, literature and science.

9. Early State and Society in Eastern India, Deccan and South India:

Kharavela, The Satavahanas, Tamil States of the Sangam Age; Administration, Economy, land grants, coinage, trade guilds and urban centres; Buddhist centres; Sangam literature and culture; Art and architecture.

10. Guptas, Vakatakas and Vardhanas:

Polity and administration, Economic conditions, Coinage of the Guptas, Land grants, Decline of urban centres, Indian feudalism, Caste system, Position of women, Education and educational institutions; Nalanda, Vikramshila and Vallabhi, Literature, scientific literature, art and architecture.

11. Regional States during Gupta Era:

The Kadambas, Pallavas, Chalukyas of Badami; Polity and Administration, Trade guilds, Literature; growth of Vaishnava and Saiva religions. Tamil Bhakti movement, Shankaracharya; Vedanta; Institutions of temple and temple architecture; Palas, Senas, Rashtrakutas, Paramaras, Polity and administration; Cultural aspects. Arab conquest of Sind; Alberuni, The Chalukyas of Kalyani, Cholas, Hoysalas, Pandyas; Polity and Administration; Local Government; Growth of art and architecture, religious sects, Institution of temple and Mathas, Agraharas, education and literature, economy and society.

12. Themes in Early Indian Cultural History:

Languages and texts, major stages in the evolution of art and architecture, major philosophical thinkers and schools, ideas in Science and Mathematics.

13. Early Medieval India, 750-1200:

- Polity: Major political developments in Northern India and the peninsula, origin and the rise of Rajputas.
- The Cholas: administration, village economy and society "Indian Feudalism".
- Agrarian economy and urban settlements.
- Trade and commerce.
- Society: the status of the Brahman and the new social order. Condition of women.
- Indian science and technology.

14. Cultural Traditions in India, 750-1200:

- Philosophy: Shankaracharya and Vedanta, Ramanuja and Vishishtadvaita, Madhva and Brahma Mimamsa.
- Religion: Forms and features of religion, Tamil devotional cult, growth of Bhakti, Islam and its arrival in India, Sufism.
- Literature: Literature in Sanskrit, growth of Tamil literature, literature in the newly developing languages, Kalhan's Rajtarangini, Alberuni's India.
- Art and Architecture: Temple architecture, sculpture, painting.

15. The Thirteenth Century:

- Establishment of the Delhi Sultanate: The Ghurian invasions - factors behind Ghurian success.
- Economic, Social and cultural consequences.
- Foundation of Delhi Sultanate and early Turkish Sultans.
- Consolidation: The rule of Iltutmish and Balban.

16. The Fourteenth Century:

- "The Khalji Revolution".

- Alauddin Khalji: Conquests and territorial expansion, agrarian and economic measure.
- Muhammad Tughluq: Major projects, agrarian measures, bureaucracy of Muhammad Tughluq.
- Firuz Tughluq: Agrarian measures, achievements in civil engineering and public works, decline of the Sultanate, foreign contacts and Ibn Battuta's account.

17. Society, Culture and Economy in the Thirteenth and Fourteenth Centuries:

- Society: composition of rural society, ruling classes, town dwellers, women, religious classes, caste and slavery under the Sultanate, Bhakti movement and Sufi movement.
- Culture: Persian literature, literature in the regional languages of North India, literature in the languages of South India, Sultanate architecture and new structural forms, painting, evolution of a composite culture.
- Economy: Agricultural Production, rise of urban economy and non-agricultural production, trade and commerce.

18. The Fifteenth and Early Sixteenth Century-Political Developments and Economy:

- Rise of Provincial Dynasties : Bengal, Kashmir (Zainul Abedin), Gujarat.
- Malwa, Bahmanids.
- The Vijayanagara Empire.
- Lodis.
- Mughal Empire, first phase : Babur, Humayun.
- The Sur Empire : Sher Shah's administration.
- Portuguese colonial enterprise.

19. The Fifteenth and Early Sixteenth Century- Society and culture:

- Regional cultures specificities.
- Literary traditions.
- Provincial architecture.
- Society, culture, literature and the arts in Vijayanagara Empire.

20. Akbar:

- Conquests and consolidation of empire.
- Establishment of jagir and mansab systems.
- Rajput policy.
- Evolution of religious and social outlook. Theory of Sulh-i-kul and religious policy.
- Court patronage of art and technology.

21. Mughal Empire in the Seventeenth Century:

- Major administrative policies of Jahangir, Shahjahan and Aurangzeb.
- The Empire and the Zamindars.
- Religious policies of Jahangir, Shahjahan and Aurangzeb.
- Nature of the Mughal State.
- Late Seventeenth Century crisis and the revolts.
- The Ahom kingdom.
- Shivaji and the early Maratha Kingdom.

22. Economy and society, in the 16th and 17th Centuries:

- Population, Agricultural, and craft production.
- Towns, commerce with Europe through Dutch, English and French companies : a trade revolution.

- Indian mercantile classes. Banking, insurance and credit systems.
- Conditions of peasants, Condition of Women.
- Evolution of the Sikh community and the Khalsa Panth.

23. Culture during Mughal Empire:

- Persian histories and other literature.
- Hindi and religious literatures.
- Mughal architecture.
- Mughal painting.
- Provincial architecture and painting.
- Classical music.
- Science and technology.

24. The Eighteenth Century:

- Factors for the decline of the Mughal Empire.
- The regional principalities: Nizam's Deccan, Bengal, Awadh.
- Maratha ascendancy under the Peshwas.
- The Maratha fiscal and financial system.
- Emergence of Afghan power, Battle of Panipat, 1761.
- State of - political, cultural and economic - on the eve of the British conquest.

Paper II

1. European Penetration into India:

The Early European Settlements; The Portuguese and the Dutch; The English and the French East India Companies; Their struggle for supremacy; Carnatic Wars; Bengal-The conflict between the English and the Nawabs of Bengal; Siraj and the English; The Battle of Plassey; Significance of Plassey

2. British Expansion in India:

Bengal-Mir Jafar and Mir Kasim; The Battle of Buxar; Mysore; The Marathas; The three Anglo-Maratha Wars; The Punjab.

3. Early Structure of the British Raj:

The Early administrative structure; From diarchy to direct control; The Regulating Act (1773); The Pitt's India Act (1784); The Charter Act (1833); The Voice of free trade and the changing character of British colonial rule; The English utilitarian and India.

4. Economic Impact of British Colonial Rule:

(i) Land revenue settlements in British India; The Permanent Settlement; Ryotwari Settlement; Mahalwari Settlement; Economic impact of the revenue arrangements; Commercialization of agriculture; Rise of landless agrarian labourers; Impoverishment of the rural society.

(ii) Dislocation of traditional trade and commerce; De-industrialisation; Decline of traditional crafts; Drain of wealth; Economic transformation of India; Railroad and communication network including telegraph and postal services; Famine and poverty in the rural interior; European business enterprise and its limitations.

5. Social and Cultural Developments:

The state of indigenous education, its dislocation; Orientalist-Anglicist controversy, The introduction of

western education in India; The rise of press, literature and public opinion; The rise of modern vernacular literature; Progress of Science; Christian missionary activities in India.

6. Social and Religious Reform Movements in Bengal and Other Areas:

Ram Mohan Roy, The Brahmo Movement; Devendranath Tagore; Iswarchandra Vidyasagar; The Young Bengal Movement; Dayanada Saraswati; The social reform movements in India including Sati, widow remarriage, child marriage etc.; The contribution of Indian renaissance to the growth of modern India; Islamic revivalism-the Feraizi and Wahabi Movements.

7. Indian Response to British Rule:

Peasant movement and tribal uprisings in the 18th and 19th centuries including the Rangpur Dhing (1783), the Kol Rebellion (1832), the Mopla Rebellion in Malabar (1841-1920), the Santal Hul (1855), Indigo Rebellion (1859-60), Deccan Uprising (1875) and the Munda Ulgulan (1899-1900); The Great Revolt of 1857 - Origin, character, causes of failure, the consequences; The shift in the character of peasant uprisings in the post-1857 period; the peasant movements of the 1920s and 1930s.

8. Factors leading to the birth of Indian Nationalism; Politics of Association; The Foundation of the Indian National Congress; The Safety-valve thesis relating to the birth of the Congress; Programme and objectives of Early Congress; the social composition of early Congress leadership; the Moderates and Extremists; The Partition of Bengal (1905); The Swadeshi Movement in Bengal; the economic and political aspects of Swadeshi Movement; The beginning of revolutionary extremism in India.

9. Rise of Gandhi; Character of Gandhian nationalism; Gandhi's popular appeal; Rowlatt Satyagraha; the Khilafat Movement; the Non-cooperation Movement; National politics from the end of the Non-cooperation movement to the beginning of the Civil Disobedience Movement; the two phases of the Civil Disobedience Movement; Simon Commission; The Nehru Report; the Round Table Conferences; Nationalism and the Peasant Movements; Nationalism and Working class movements; Women and Indian youth and students in Indian politics (1885-1947); the election of 1937 and the formation of ministries; Cripps Mission; the Quit India Movement; the Wavell Plan; The Cabinet Mission.

10. Constitutional Developments in the Colonial India between 1858 and 1935.

11. Other strands in the National Movement.

The Revolutionaries: Bengal, the Punjab, Maharashtra, U.P. the Madras Presidency, Outside India. The Left; The Left within the Congress: Jawaharlal Nehru, Subhas Chandra Bose, the Congress Socialist Party; the Communist Party of India, other left parties.

12. Politics of Separatism; the Muslim League; the Hindu Mahasabha; Communalism and the politics of partition; Transfer of power; Independence.

13. Consolidation as a Nation; Nehru's Foreign Policy; India and her neighbours (1947-1964); The linguistic reorganisation of States (1935-1947); Regionalism and regional inequality; Integration of Princely States; Princes in electoral politics; the Question of National Language.

14. Caste and Ethnicity after 1947; Backward Castes and Tribes in post-colonial electoral politics; Dalit movements.

15. Economic development and political change; Land reforms; the politics of planning and rural reconstruction; Ecology and environmental policy in post-colonial India; Progress of Science.

16. Enlightenment and Modern ideas:

- (i) Major Ideas of Enlightenment: Kant, Rousseau.
- (ii) Spread of Enlightenment in the colonies.
- (iii) Rise of socialist ideas (up to Marx); spread of Marxian Socialism.

17. Origins of Modern Politics :

- (i) European States System.
- (ii) American Revolution and the Constitution.
- (iii) French Revolution and Aftermath, 1789-1815.
- (iv) American Civil War with reference to Abraham Lincoln and the abolition of slavery.
- (v) British Democratic politics, 1815-1850 : Parliamentary Reformers, Free Traders, Chartists.

18. Industrialization :

- (i) English Industrial Revolution : Causes and Impact on Society.
- (ii) Industrialization in other countries : USA, Germany, Russia, Japan.
- (iii) Industrialization and Globalization.

19. Nation-State System :

- (i) Rise of Nationalism in 19th century.
- (ii) Nationalism : State-building in Germany and Italy.
- (iii) Disintegration of Empires in the face of the emergence of nationalities across the World.

20. Imperialism of nationalities and Colonialism :

- (i) South and South-East Asia.
- (ii) Latin America and South Africa.
- (iii) Australia.
- (iv) Imperialism and free trade: Rise of neo-imperialism.

21. Revolution and Counter-Revolution :

- (i) 19th Century European revolutions.
- (ii) The Russian Revolution of 1917-1921.

- (iii) Fascist Counter-Revolution, Italy and Germany.
- (iv) The Chinese Revolution of 1949.

22. World Wars :

- (I) 1st and 2nd World Wars as Total Wars : Societal implications.
- (ii) World War I : Causes and Consequences.
- (iii) World War II : Causes and Consequences.

23. The World after World War II:

- (i) Emergence of Two power blocs.
- (ii) Emergence of Third World and non-alignment.
- (iii) UNO and the global disputes.

24. Liberation from Colonial Rule :

- (i) Latin America-Bolivar.
- (ii) Arab World-Egypt.
- (iii) Africa-Apartheid to Democracy.
- (iv) South-East Asia-Vietnam.

25. Decolonization and Underdevelopment :

- (i) Factors constraining Development ; Latin America, Africa.

26. Unification of Europe :

- (i) Post War Foundations ; NATO and European Community.
- (ii) Consolidation and Expansion of European Community
- (iii) European Union.

27. Disintegration of Soviet Union and the Rise of the Unipolar World :

- (i) Factors leading to the collapse of Soviet Communism and Soviet Union, 1985-1991.
- (ii) Political Changes in East Europe 1989-2001.
- (iii) End of the Cold War and US Ascendancy in the World as the lone superpower.

Paper-II (General Studies-I)

Indian Heritage and Culture, History and Geography of the World and Society

- **Indian culture** will cover the salient aspects of Art Forms, literature and Architecture from ancient to modern times.
- **Modern Indian history** from about the middle of the eighteenth century until the present- significant events, personalities, issues.
- **The Freedom Struggle** - its various stages and important contributors / contributions from different parts of the country.
- **Post-independence** consolidation and reorganization within the country.
- **History of the world** will include events from 18th century such as industrial revolution, world wars, redrawing of national boundaries, colonization, decolonization, political philosophies like communism, capitalism, socialism etc. - their form and effect on the society.

History Importance In Essay And Ethics

Apart from constituting a significant part of Mains **GS Paper I**, **History** imparts a lot of soft skills that are required for candidates to excel in Civil Services Examination. Consider the latest trends in **GS Paper I (Essay)** and **GS Paper IV (Ethics)**. Lately, UPSC has increased the number of "proverbial" and 'Philosophical' Essays. For instance if you look at topics like - "History is a series of victories won by the scientific man over the romantic man" (CSE 2022) and "History repeats itself, first as a tragedy, second as a farce." (CSE 2021)- a student can comfortably score 120+ if they have an organic sense of historical 'change' and evolution. Similarly, in **Ethics Paper**, a thorough understanding and interest in History allows students to cite contextual examples and **case studies for Value Addition**. For instance- understanding the difference between Western and Indian Ethics, or dissecting the dimensions of Gandhian Ethics- are already implicit in your Optional preparation. In short, a student of History Optional in general, and a student of **The Study's unique paradigm** in particular, has a distinctive advantage over other aspirants. At The Study, we enable students to 'Be a Thinking Creature' by imbibing a sense of 'changes' and evolution. History forms the foundation of all other major Humanities subjects. So students with History Optional students have a unique insight into each topic that differentiates them from the crowd. With Manikant Sir's experience, it is possible to map the interlinkages within topics and between different topics.



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